



FOUNDED 1851

# St. Paul's College Annual Sports Day (Finals Day)

*5<sup>th</sup> December 2023*  
*Wan Chai Sports Ground*





# ST. PAUL'S COLLEGE

*Tuesday, 5<sup>th</sup> December 2023 (Finals Day)*  
*Wan Chai Sports Ground*

## Order of Event - Finals Day

- 8:00 a.m. The entrance will be open and roll-call will be taken. Students should be seated according to Houses. (Please refer to the layout plan)
- 8:05 a.m. Competitors warm-up
- 8:20 a.m. ALL Student Officials, Prefects, Scouts, Youth Red Cross and the School Timing Team please report duty at the Official Stand.

TRACK					FIELD				
Time	Event No.	Grade	Event	Heat/Final	Time	Event No.	Grade	Event	Final
8:30	1	Open	400M Hurdle	2 F	8:30	2	A	Javelin	66 nos.
8:45	3	C	400M	F	8:45	6	A	Triple Jump	10 nos.
	4	B	400M	F		7	C	Shot Put	28 nos.
	5	A	400M	F					
9:10	8	C	100M	F	9:10	11	B	Long Jump	35 nos.
	9	B	100M	F					
	10	A	100M	F					
9:30	12	C	800M	F					
	13	B	800M	F					
	14	A	800M	F					
9:50	15	C	200M	F					
	16	B	200M	F					
	17	A	200M	F					
10:10	18	Open	3000M	F					
10:40	20	C	I/C 4x100M	F	10:30	19	C	Discus	26 nos.
	21	B	I/C 4x100M	F					
	22	A	I/C 4x100M	F					
11:00	23	C	I/H 4x100M	F					
	24	B	I/H 4x100M	F					
	25	A	I/H 4x100M	F					
11:20	26	Open	4x100M PTA Relay	F					
	27	Open	4x100M Staff Invitation Relay	2 F					
	28	Open	2x100M Parent-Child Relay	5 F					
	29	Open	4x100M PS Invitation Relay	F					
12:00	Prize Presentation & Closing Ceremony								
12:45	School Dismiss								

# ST. PAUL'S COLLEGE

## *Annual Sports Day (Finals Day)*

**Guest of Honour** : **Mr. Yeung Man Tat**  
(Chairman of the Parent Teacher Association of the College)

### Officials

<b>Chairman of the Meet</b>	: <b>Mr. D.Y. Yuen</b>			
<b>Vice-chairpersons</b>	: <b>Ms. K.Y. Ng</b>	<b>Mr. K.C. Chan</b>	<b>Ms. W.S. Wong</b>	
<b>Organizing Secretaries</b>	: <b>Mr. W.L. Tang</b>	<b>Mr. W.W. Mak</b>		
<b>Prayer</b>	: <b>The Revd S. Turnquest</b>			
<b>Referees</b>	: <b>Mr. W.L. Tang</b>	<b>Mr. W.W. Mak</b>	<b>Mr. W.K. Wong</b>	<b>Mr. T. Lee</b>
<b>Chief Track Judges</b>	: <b>Mr. W.L. Tang</b>	<b>Mr. W.K. Wong</b>		
<b>Chief Field Judges</b>	: <b>Mr. W.W. Mak</b>	<b>Mr. T. Lee</b>	<b>Mr. L.H. Yeung</b>	
<b>Announcers</b>	: <b>Mr. W.L. Yu</b>	<b>Mrs. M.K. See</b>	<b>Mr. T.F. Ng</b>	<b>Ms. K.Y. Chan</b>
	<b>Ms. M.Y. Hui</b>	<b>Ms. H.Y. Chan</b>	<b>Ms. K.Y. Yu</b>	<b>Mr. C.L. Lo</b>
	<b>Ms. C. Lam</b>	<b>Ms. C. Wong</b>	<b>Ms. Y.Y. Lee</b>	<b>Ms. P. Chan</b>
<b>Competitors' Marshall</b>	: <b>Mr. W.K. Wong</b>	<b>Mr. S.H. Lee</b>	<b>Mr. L.H. Ho</b>	<b>Mr. S.L. Ho</b>
	<b>Student officials</b>			
<b>Starters</b>	: <b>Mr. P.M. Choi</b>	<b>Mr. K.L. Ng</b>	<b>Mr. K.L. Wong</b>	<b>Student officials</b>
<b>Marksman</b>	: <b>Mr. W.L. Tang</b>	<b>Student officials</b>		
<b>Position Judges</b>	: <b>Mr. W.L. Tang</b>	<b>Mr. Y.L. Chow</b>	<b>Mr. C.H. Ng</b>	<b>Student officials</b>
<b>Timekeepers</b>	: <b>School Timing Team</b>			
<b>Recorders' Advisor</b>	: <b>Mr. M.F. Kwok</b>	<b>Ms. W.C. Fung</b>	<b>Student officials</b>	
<b>Corner &amp; Relay Judges</b>	: <b>Mr. T. Lee</b>	<b>Mr. L.H. Yeung</b>	<b>Mr. S.H. Lee</b>	
<b>High Jump</b>	: <b>Mr. W.H. Poon</b>	<b>Ms. S. Leung</b>	<b>Ms. K.Y. Kwong</b>	<b>Ms. K.Y. Wong</b>
	<b>Mr. S.H. Koo</b>	<b>Mr. C.C. Wan</b>	<b>Student Officials</b>	
<b>Long Jump</b>	: <b>Mr. K.S. Kwok</b>	<b>Ms. P.S. Chan</b>	<b>Ms. L.Y. Kwok</b>	<b>Ms. X. Ma</b>
	<b>Ms. N. Yeung</b>	<b>Mr. J. Leung</b>	<b>Mr. F.Y. Chu</b>	<b>Mr. K.C. Leung</b>
	<b>Mr. L.S. Ha</b>	<b>Student Officials</b>		
<b>Triple Jump</b>	: <b>Mr. H.M. Tang</b>	<b>Mr. S.C. Woods</b>	<b>Mr. K. Kan</b>	<b>Mr. A. Jolly</b>
	<b>Ms. I.Y. Mohammad</b>	<b>Student Officials</b>		
<b>Shot Put</b>	: <b>Mr. C.C. Chan</b>	<b>Ms. S.Y. Ngan</b>	<b>Ms. S.M. Yu</b>	<b>Mr. K.H. Ngan</b>
	<b>Mr. T.O. Chu</b>	<b>Ms. S.K. Lam</b>	<b>Ms. T.S. Chan</b>	<b>Mr. L.C. Lo</b>
	<b>Mr. P.Y. Chan</b>	<b>Student Officials</b>		
<b>Discus</b>	: <b>Mr. S.N. Tse</b>	<b>Ms. M.S. Lee</b>	<b>Ms. W.Y. Yuen</b>	<b>Mr. P. Lam</b>
	<b>Ms. N.T. Cheng</b>	<b>Ms. W.Y. Chau</b>	<b>Ms. L.M. Wong</b>	<b>Ms. W.Y. Ng</b>
	<b>Ms. S.Q. Li</b>	<b>Student Officials</b>		
<b>Javelin</b>	: <b>Mr. K.C. Au Yeung</b>	<b>Ms. P.S. Kwok</b>	<b>Ms. M.W. Wong</b>	<b>Ms.T.M. Fong</b>
	<b>Mr. C.K. Choi</b>	<b>Ms. O.Y. Cheung</b>	<b>Student Officials</b>	
<b>Prizes</b>	: <b>Ms. Y.S. Chan</b>	<b>Ms. L.L. Chan</b>	<b>Scouts</b>	
<b>Runners &amp; Helpers</b>	: <b>Mr. H.W. Lee</b>	<b>Scouts</b>		
<b>Publicity</b>	: <b>Mrs. Y.O. Zai</b>	<b>Mr. K.W. Lee</b>	<b>Mr. C.H. Lee</b>	
<b>First-aiders</b>	: <b>Mr. K.W. Kan</b>	<b>Ms. Y. Y. Tse</b>	<b>Youth Red Cross</b>	
<b>Discipline</b>	: <b>Mr. Y.H. Li</b>	<b>Ms. M. Chan</b>	<b>Ms. S.C. Yu</b>	<b>Ms. M.Y. Shek</b>
	<b>Ms. L.N. Chan</b>	<b>Ms. H.L. Chan</b>	<b>Prefects</b>	
<b>Reception for the Primary</b>	: <b>Ms. W. Yiu</b>	<b>Mrs. J. Wai</b>	<b>Ms. C.C. Hung</b>	<b>Ms. W.S. Leung</b>
<b>School Invitation Relay</b>				
<b>Best Cheering Team Judges</b>	: <b>Mr. D.Y. Yuen</b>	<b>Ms. K.Y. Ng</b>	<b>Mr. K.C. Chan</b>	<b>Ms. W.S. Wong</b>

If 2 or more persons are named for any event or duty, the first shall be considered the chief official.  
All teachers should please help in

- (1) Maintaining general discipline among the participants.
- (2) Ensuring that no spectators go onto the field and track.
- (3) Enforcing anti-septic measures.

# ST. PAUL'S COLLEGE

## Athletics Records

EVENT	RECORD	YEAR	HOLDER
<b><u>A-Grade</u></b>			
100 m.	10.79 sec.	1992	<i>Ku Wai Ming</i>
200 m.	23.16 sec.	1992	<i>Ku Wai Ming</i>
400 m.	52.73 sec.	1991	<i>Ku Wai Ming</i>
800 m.	2 min. 06.12 sec.	2010	<i>Chiu Chung Tak</i>
1500 m.	4 min. 28.24 sec.	2010	<i>Chiu Chung Tak</i>
110 m. Hurdles	15.90 sec.	1987	<i>Lai Chi Yeung</i>
Long Jump	6.50 m.	2018	<i>Wu Kieran Hiu Chun</i>
Triple Jump	12.97 m.	1997	<i>Chow Lee Kuen</i>
High Jump	1.78m.	1997	<i>Yu Kin Wai</i>
Shot Put	12.51 m.	2023	<i>Chow Wai Ching</i>
Discus	32.10 m.	1969	<i>Mak Kuk Kwan</i>
Javelin	43.84 m.	2007	<i>Ng Tit Ho</i>
4x100 m. I/H Relay	48.28 sec.	2018	<i>Pine</i>
4x400 m. I/H Relay	3 min. 57.92 sec.	2023	<i>Rosewood</i>
<b><u>B-Grade</u></b>			
100 m.	11.25 sec.	1989	<i>Ku Wai Ming</i>
200 m.	23.05 sec.	1989	<i>Ku Wai Ming</i>
400 m.	55.15 sec.	2022	<i>Leung Kin Shing</i>
800 m.	2 min. 12.20 sec.	1980	<i>Lee Kwok Fai</i>
1500 m.	4 min. 43.80 sec.	1980	<i>Lee Kwok Fai</i>
100 m. Hurdles	15.18 sec.	1986	<i>Lai Chi Yeung</i>
Long Jump	6.24 m.	1975	<i>Li Tai Fu</i>
Triple Jump	12.16 m.	2016	<i>Wu Kieran Hiu Chun</i>
High Jump	1.70 m.	2000	<i>Chan Wai Lok</i>
Shot Put	13.04 m.	1972	<i>Rex Leung</i>
Discus	33.50 m.	2000	<i>Phang Calvin Sherab</i>
Javelin	38.56 m.	1980	<i>Fu Kwok Keung</i>
4x100 m. I/H Relay	50.18 sec.	2012	<i>Pine</i>
4x400 m. I/H Relay	4 min. 07.66 sec.	2010	<i>Oak</i>
<b><u>C-Grade</u></b>			
100 m.	12.2 sec.	1974	<i>Li Sing Yip</i>
200 m.	25.6 sec.	1969	<i>Luk Chi Kong</i>
400 m.	59.85 sec.	1989	<i>Lai Kin Fai</i>
800 m.	2 min. 17.97 sec.	2022	<i>Tsui Hin Fung Herman</i>
1500 m.	4 min. 58.58 sec.	2022	<i>Tsui Hin Fung Herman</i>
100 m. Hurdles	17.40 sec.	1982	<i>Leung Kai Man</i>
Long Jump	5.30 m.	1997	<i>Chan Heng Shan</i>
High Jump	1.60 m.	2010	<i>Tse Shing Ho</i>
Shot Put	13.05 m.	1983	<i>Cheng Mau Tin</i>
Discus	29.54 m.	1989	<i>Ho Yuk Kwan</i>
4x100 m. I/H Relay	54.04 sec.	2012	<i>Rosewood</i>
4x400 m. I/H Relay	4 min. 26.19 sec.	2013	<i>Oak</i>
<b><u>Open-Grade</u></b>			
3000 m.	10 min. 14.72 sec.	2022	<i>Tsui Hin Fung Herman</i>
400 m. Hurdle	1 min. 05.44 sec.	2015	<i>Tam Hok Yiu Sean</i>

## ST. PAUL'S COLLEGE

<b>ATHLETIC STANDARDS &amp; SPECIFICATIONS OF IMPLEMENT</b>
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<b>EVENT</b>	<b>GRADE</b>		
	<b>A / OPEN</b>	<b>B</b>	<b>C</b>
100 m.	13.00 sec.	13.50 sec.	14.20 sec.
200 m.	26.80 sec.	27.80 sec.	29.80 sec.
400 m.	1 min. 02 sec.	1 min. 04 sec.	1 min. 12 sec.
800 m.	2 min. 34 sec.	2 min. 40 sec.	2 min. 53 sec.
1500 m.	5 min. 30 sec.	5 min. 40 sec.	5 min. 58 sec.
3000 m.	15 min.	-----	-----
100 m. Hurdle	-----	20.50 sec. (0.914 m. high)	22.20 sec. (0.84 m. high)
110 m. Hurdle	20.80 sec. (0.914 m. high)	-----	-----
400 m. Hurdle	1 min. 07.50 sec. (0.84 m. high)		
High Jump	1.50 m.	1.45 m.	1.25 m.
Long Jump	4.90 m.	4.60 m.	3.80 m.
Triple Jump	10.00 m.	9.20 m.	-----
Shot Put	8.50 m. (5 Kg)	8.80 m. (4 Kg)	7.00 m. (4 Kg)
Discus	18.50 m. (1.5 Kg)	20.00 m. (1 Kg)	15.50 m. (1 Kg)
Javelin	21.50 m. (700 gm)	17.50 m.	-----
4 x 100 m.	51.00 sec.	53.00 sec.	56.5 sec.
4 x 400 m.	4 min. 13 sec.	4 min. 28 sec.	4 min. 50 sec.

## THINGS TO NOTE

### 1. MARSHALLING POINTS

For all Field and Track Events -

Competitors should go to report for events at Marselling Point. (Please refer to the attached layout plan.)

### 2. CLASH OF EVENTS

The competitor should report to the field event official and inform the official i/c that he will join after his track event finished

### 3. QUALIFYING FOR FINALS

- The BEST 8 in the heats will qualify to the finals.
- The BEST 12 in the heats will qualify to the 800m finals

### 4. Scoring System:

- a. Entry Point: 1 entry point will be added for each participant.
- b. Penalty Point: 1 point will be deducted for competitors who failed to turn up for competition.



## RULES AND REGULATIONS

1. Only 5-7mm spikes or rubber shoes are allowed on the track. The competitor wearing spikes other than the specified category will be refused access to the track. (no one is allowed to run bare-footed)
2. Eating and drinking are not allowed on the track.
3. No glassware is allowed to be brought onto the track.
4. Non-competitors must remain on the spectator stands.
5. When shot put, discus and javelin are being used, they must be carried back by hand to the throwing point. On no account will the above mentioned items be allowed to throw back.
6. Central lawn area can only be used for field events; activities other than those cannot be taken place in the central lawn area.
7. Competitors can only use the warm up track for warm up exercise.



## PRIZE GIVING CEREMONY

1. WINNERS of the first three places in a final race should quickly assemble at the prize-giving stand in front of official stand.
2. REMEMBER to receive your prizes from Guest-of-Honour in FULL SCHOOL UNIFORM / PROPER SPORTS ATTIRE.
3. As a matter of COURTESY : Bow - Shake Hand - Say " Thank You ! "



## *Student Officials*

Competitors' Marshall:	4F Fok Marcus Wai Sen	4C Tan Asher Tze Kit	4C Zhu Hong Cheng Manco
Starters:	4A Chan Lok San	4A Lee Wang Hei	4A Cheung Jun Ming
Marksman:	5C Lau Cheuk Kiu	5E Lok Fung	2B Chan Pak Yeung
Position Judges:	3D Lam Kin Hei 3F Chan Chak Kiu Ambrose 3A Choi Tin Mong Timothy 3E Chu Kai Kong	3D Tsang Tsz Long 3A Leung Yu Hei 3A Wong Shu Hang Carson 4F Hung Chi Ho	3D Lau Cheuk Hin 3A Li O Ki Bryce 3A Lam Kwan Leong Alva 5D Wong Ka To
Photo-Finish & Recorders:	6E Ng Cheuk Hin Bernard 5E Tsai Shing Him	5E Li Shun Hin Ernest 3E Lau Tsun Fei	5C Fung Hin Yu 3E Chan Tsun Ho Martin
High Jump:	4F Guo Jinming	4A Chan Kim Nam Cyrus	4E Lam Ting Pong
Long Jump:	3E Lam Yuk Hang Brian	3B Chan Hin Kiu Hugo	3B Chan Hon Lam Arthur
Triple Jump:	1C Chan Tsz Nok	2A Shiu Adrian Kai Lim	
Shot Put:	3D Lai Ho Wan	2F Liu Qi Chen	1F Chew Cheuk Him Chester
Discus:	3D Leung Yat Chun	3F Chui Chung Hei	4B Lam Chung Ming Timothy
Javelin:	4D Cheung Kong To	2E So Ryan	2A Chan Tsz Hei

## *Events List*

Track Event	Heats Day	Finals Day
100m, 200m, 400m, 800m, I/C 4x100m	Heats	Finals
100m Hurdle, 110m Hurdle, 1500m, I/H 4x400m	Finals	---
3000m, 400m Hurdle, I/H 4x100m, Staff Invitation 4x100m, PTA 4x100m, Parent-student 2x100m, Primary Schools Invitation 4x100m	---	Finals
Field Event	Heats Day	Finals Day
Long Jump	A, C	B
Triple Jump	B	A
High Jump	A, B, C	---
Shot Put	A, B	C
Discus	A, B	C
Javelin	B	A



Event 1 Open Grade 400M Hurdle Final 1		
1	2A32 Y	Yau Pak Lam
2	5F17 G	Leung Wingyat
3	5F19 Y	Liu Tsz Fung
4	4B03 O	Chan Yat Cho
5	6F11 O	Hui King Bong
6	4E23 G	Szeto Pak Hei
7	6E27 R	Wu Pak Kwan
8	5B14 P	Wong Ki Ching
Event 1 Open Grade 400M Hurdle Final 2		
3	6C04 R	Chow Thomas
4	6F17 O	Lau Tsz Hei Nathan
5	5F12 R	Ho Adrian
6	6F29 O	Yip Tsz Ho
Event 3 C Grade 400M Final		
1	2D27 P	Tin Ho Lam Jairo
2	1C05 O	Chan Tsz Nok
3	1D28 B	Man Kenneth
4	1F25 Y	Shek Tin Long
5	2D34 R	Yu Tin Yiu
6	1D08 P	Cheng Louis
7	1A01 B	Chan Chun Yat
8	1E03 O	Chan Ho Lap Aidan
Event 4 B Grade 400M Final		
1	3C21 G	Leung Tsz Kiu
2	4B02 G	Chan Fan San
3	3A02 P	Chan Lok Hei
4	2A06 P	Cheung Tsz Yung
5	2A13 Y	Jia Wing Hong
6	3B18 Y	Law Tin Yat Barret
7	3C20 G	Lee Ming Yau
8	3E28 O	Yeung Xing Hei
Event 5 A Grade 400M Final		
1	6E02 Y	Chang Sa Lang Enoch
2	5E11 O	Leung Pak Hei
3	6C20 R	Yung Cheuk Nam
4	5F24 G	Vrijmoed Justin
5	5C16 B	Leung Kin Shing
6	4A20 P	Lu Kenneth
7	6F05 R	Chiu Xenon Bezalel
8	5E06 R	Law Lok Hei
Event 8 C Grade 100M Final		
1	2D31 P	Wong Chi Yi
2	1A19 Y	Law Yui Chit
3	2A08 Y	Choi Ho Yan
4	2C31 R	Yeung Nok Hei Brian
5	1E19 G	Li Jun Ai Barnaby
6	2B32 P	Wong Cheuk Long
7	1B24 G	Ng Yat Hin

8	2D34 R	Yu Tin Yiu
Event 9 B Grade 100M Final		
1	4C16 O	Lam Ching Ho
2	3D25 P	Wong Ki Wai
3	4B04 P	Chan Yat Nam
4	3E31 B	Yuen Tsz Hin
5	4A10 P	Keung Wun Yu
6	2B08 R	Chong Chun Hei Isaac
7	3C07 P	Cheung Shing Lok
8	3A26 G	Wang Ruoyu
Event 10 A Grade 100M Final		
1	6E20 O	Wong Ho Fung
2	6E22 Y	Wong Ming Chun Daryl
3	6F14 P	Lam Lik Chun Frank
4	5C12 R	Ku Pak Hin
5	5B08 Y	Lee Wing Yin
6	4B12 B	Lam Tsz Kiu
7	5B14 P	Wong Ki Ching
8	6E02 Y	Chang Sa Lang Enoch
Event 12 C Grade 800M Final		
1	2F33 O	Yuen Lok Luc
2	2A07 R	Cheung Will
3	2D28 G	Tsang Suen Hoi
4	2A21 R	Leung Hoi Hei Geoffrey
5	1E08 O	Cheung Yan Shek Isaac
6	1D31 P	Ngai Tsz Yin
7	1E03 O	Chan Ho Lap Aidan
8	2F32 Y	Yip Cheuk Him
9	1F09 O	Chew Cheuk Him Chester
10	1A23 G	Leung Yui Long
11	1D26 O	Liu Waai Hin
12	2C20 R	Mar Yat Long
Event 13 B Grade 800M Final		
1	3A25 P	Tsui Hin Fung Herman
2	4D19 O	Ng Lucas
3	2A06 P	Cheung Tsz Yung
4	3A22 R	Poon Tak Him
5	4C23 P	Tan Asher Tze Kit
6	4A04 O	Chan Tsz Fuk Josiah
7	1D19 O	Jiang Yi
8	3A11 O	Lai King Him
9	4D12 O	Lau Ting Hang
10	2A13 Y	Jia Wing Hong
11	4A21 O	Man Ho Lam
12	3D08 P	Cheung Pak Ho
Event 14 A Grade 800M Final		
1	6C20 R	Yung Cheuk Nam
2	6C07 P	Hung Ling In
3	6B09 R	Ko Ka Him Samuel

4	6C04 R	Chow Thomas
5	6F29 O	Yip Tsz Ho
6	6F10 P	Fung Hong Ching
7	5F19 Y	Liu Tsz Fung
8	6B02 P	Chan Yin Cheung
9	5E11 O	Leung Pak Hei
10	4A20 P	Lu Kenneth
11	5E07 Y	Lee Chun Fung
12	5D05 R	Kwan Nok Yin
Event 15 C Grade 200M Final		
1	1A09 P	Fung Tsz Wai
2	2D31 P	Wong Chi Yi
3	1A19 Y	Law Yui Chit
4	2A08 Y	Choi Ho Yan
5	1F25 Y	Shek Tin Long
6	1B19 Y	Liu Chun Hay Hayden
7	2E29 R	Sin Cheuk Ting
8	1A21 P	Leung Ching Him
Event 16 B Grade 200M Final		
1	3E11 Y	Hu Haoxiang
2	3A26 G	Wang Ruoyu
3	4B04 P	Chan Yat Nam
4	4A10 P	Keung Wun Yu
5	2B08 R	Chong Chun Hei Isaac
6	3F21 Y	Lo Cheuk Him
7	4E18 B	Lee Chun Sun
8	4A16 P	Li Chi Shing
Event 17 A Grade 200M Final		
1	5F17 G	Leung Wingyat
2	6E20 O	Wong Ho Fung
3	5C12 R	Ku Pak Hin
4	5F24 G	Vrijmoed Justin
5	4B12 B	Lam Tsz Kiu
6	6E22 Y	Wong Ming Chun Daryl
7	5F20 Y	Mak Wai Nok Enoch
8	5C01 O	Au Yeung Yat Hei
Event 18 Open Grade 3000M Final		
1	4F14 B	Leung Chun Hei
2	4B17 Y	Ng Chun Hei
3	4D19 O	Ng Lucas
4	4E23 G	Szeto Pak Hei
5	4E18 B	Lee Chun Sun
6	2E13 O	Cheng Ping Ho
7	6C07 P	Hung Ling In
8	5F19 Y	Liu Tsz Fung
9	5F13 G	Lam Long Yin
10	3F21 Y	Lo Cheuk Him
11	5E09 B	Lee Ming To
12	3A25 P	Tsui Hin Fung Herman

13	6C20 R	Yung Cheuk Nam
14	5E07 Y	Lee Chun Fung
15	3C13 G	Fan Kok Pan Justin
16	4E09 B	Ku Chun Hei
17	1D07 O	Chau Pak Yin
18	6F29 O	Yip Tsz Ho
19	6F10 P	Fung Hong Ching
20	3A13 R	Lam Wai Nok
Event 20 C Grade Inter-Class 4x100M Relay Final		
1		2A
2		1C
3		2D
4		1E
5		2B
6		1D
7		1F
8		1B
Event 21 B Grade Inter-Class 4x100M Relay Final		
1		3C
2		4C
3		4B
4		4A
5		3E
6		3A
7		3F
8		4D
Event 22 A Grade Inter-Class 4x100M Relay Final		
1		6A
2		5D
3		5C
4		5F
5		6E
6		5B
7		6F
8		6B
Event 23 C Grade Inter-House 4x100M Relay Final		
2		Banyan
3		Yew
4		Pine
5		Oak
6		Gingko
7		Rosewood
Event 24 B Grade Inter-House 4x100M Relay Final		
2		Rosewood
3		Banyan
4		Yew
5		Gingko

6		Pine
7		Oak
Event 25 A Grade Inter-House 4x100M Relay Final		
2		Yew
3		Rosewood
4		Pine
5		Oak
6		Gingko
7		Banyan
Event 26 4x100M PTA Relay Final		
2		Parents Team A
3		Teachers Team A
4		Parents Team B
5		Teachers Team B
6		Parents Team C
Event 27 4x100M Staff Invitation Relay Final 1		
1		Prefects
2		Orienteering Club
3		Bridge Club
4		Badminton Team B
5		Football Team
6		Captain SPC
7		Swimming Team
Event 27 4x100M Staff Invitation Relay Final 2		
1		Badminton Team A
2		Maths Teacher B
3		Handball Team
4		Youth Red Cross
5		Basketball Team
6		Life-saving Team
7		Maths Teacher A
Event 28 2x100M Parent-Child Relay Final 1		
1	1F26 R	Sin Kai Hin
2	5A03 O	Cherk Kam Him
3	2D34 R	Yu Tin Yiu
4	2C02 B	Chan Chun To
5	4B03 O	Chan Yat Cho
6	2B15 B	Kwan Pak Kei
7	1B27 G	Sung Man Hei
8	1B26 B	Siu Ching Leung
Event 28 2x100M Parent-Child Relay Final 2		
1	1B35 O	Zeng Yau Lun Solomon
2	4C27 G	Yeung Ho Lun
3	2A32 Y	Yau Pak Lam
4	1B18 R	Lin Zi Hao
5	1E25 R	Tse Ka Ho Kendrew
6	1D19 O	Jiang Yi
7	3E31 B	Yuen Tsz Hin

8	2B32 P	Wong Cheuk Long
Event 28 2x100M Parent-Child Relay Final 3		
1	5F22 O	Szeto Wang Kit
2	2C32 G	Yip Knoton
3	2D28 G	Tsang Suen Hoi
4	1E15 O	Lam Yan Ting Tyler
5	1F22 P	Man Tsz Kit
6	1A35 G	Yiu See Hon Nathan
7	2C19 P	Li Louis Ka Wo
8	2C17 Y	Law Yu Sing Carter
Event 28 2x100M Parent-Child Relay Final 4		
2	2F26 O	To Yu Hin Desmond
3	1A09 P	Fung Tsz Wai
4	1C35 R	Yiu See Chai Gabriel
5	5E02 G	Chan Chi Hang
6	1C10 R	Cheung Tsz Ko Aris
7	1C14 G	Kwong Chit Hei Alfred
Event 28 2x100M Parent-Child Relay Final 5		
2	2F16 G	Lam Kheiron
3	1F25 Y	Shek Tin Long
4	1F35 R	Yip Ho Yeung
5	1F20 G	Mak Chun Ting
6	2E20 B	Kuan Sheung Tang
Event 29 4x100M PS Invitation Relay Final		
1		培正小學
2		聖安多尼學校
3		聖保羅 B 隊
4		信義會深信學校
5		大角嘴天主教
6		聖保羅 A 隊
7		合一堂學校
8		北角衛理小學